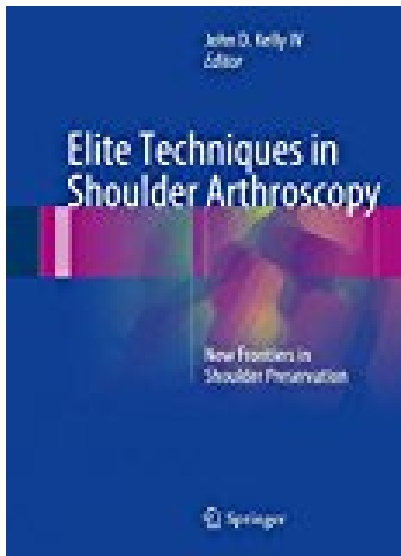


Elite Techniques in Shoulder Arthroscopy New Frontiers in Shoulder Preservation



BOOK DETAILS

- Author :
- Pages : 335 Pages
- Publisher : Springer
- Language : English
- ISBN : 3319251015

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BOOK SYNOPSIS

Ideal for shoulder surgeons who want to upgrade their skills to the next level, this practical, step-by-step text presents the latest cutting-edge management strategies and science aimed at shoulder preservation surgery. Highlighting four main areas - the overhead athlete, shoulder instability, glenohumeral arthritis, and the rotator cuff - these innovative techniques focus on the maintenance of the native shoulder joint. Chapters open with an introduction to the clinical problem, followed by misgivings related to open surgery or arthroplasty as treatment strategies. A rationale for the arthroscopic treatment is then presented, along with an in-depth description of the technique itself as well as preliminary results. Techniques presented include posterior capsule release for the overhead athlete, arthroscopic Latarjet for instability, the CAM procedure for glenohumeral arthritis, biological augmentation for rotator cuff repair. A fifth section covers post-operative care and return-to-play considerations. With contributions from many of the top thinkers and surgeons of the shoulder, *Elite Techniques in Shoulder Arthroscopy* brings these exciting new management strategies to the fore with the aim of elevating them to more common practice for orthopedic surgeons and sports medicine specialists.

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