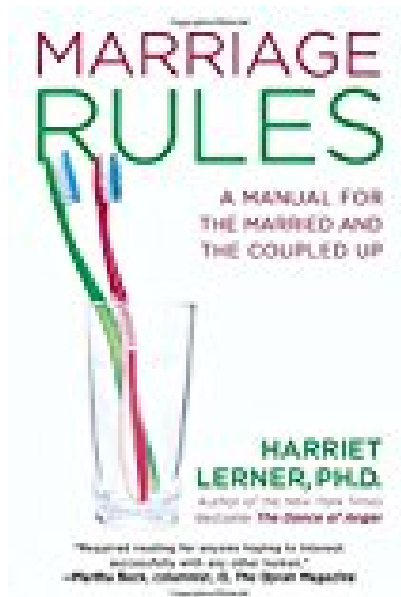


# Marriage Rules A Manual for the Married and the Coupled Up

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## BOOK DETAILS

- Author : Harriet Lerner
- Pages : 288 Pages
- Publisher : Avery
- Language : English
- ISBN : 1592407455

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## **BOOK SYNOPSIS**

Following a unique format perfect for today's world, the renowned author of *The Dance of Anger* gives us just over 100 rules that cover all the hot spots in long-term relationships. *Marriage Rules* offers new solutions to age-old problems ("He won't talk"/"She doesn't want sex") as well as modern ones (your partner's relationship to technology.) You'll also learn how to: Calm things down and warm them up Talk straight and fight fair Listen well as a spiritual practice Connect with a distant partner Survive the unique challenges of children, stepchildren and difficult-laws Follow a 12-step program to overcome defensiveness Know how and when to draw the line Take back your marriage when things fall apart *Marriage Rules* is a treasure chest of lively, practical advice to help you navigate your couple relationship with clarity, courage, and joyous conviction. If one person in a couple follows ten rules of his or her choice, it will generate a major, positive change. All that's required is a genuine wish for a better relationship and a willingness to practice.

### **MARRIAGE RULES A MANUAL FOR THE MARRIED AND THE COUPLED UP -**

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